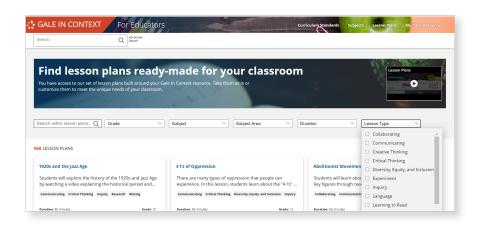
Cultivate Essential Life Skills

Prepare students for the future with trusted digital content

According to the 2020 "Future of Jobs" research study conducted by the World Economic Forum, life skills—including critical thinking, problem-solving, and working well with others—are in greatest demand by employers today and, therefore, are crucial to student success. Gale's digital materials support and equip educators to develop these essential skills in their students and ensure that they are career—and future—ready.

Gale In Context: For Educators supports social development at the elementary, middle school, and high school levels with age-appropriate content. Educators can select lessons that are specifically designed to teach a variety of these skills, including:

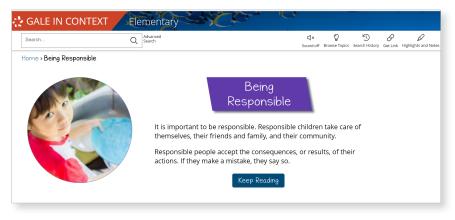
- Social awareness
- · Responsible decision-making
- Effective communication
- Conflict management





Since these essential skills increase students' ability to cope with everyday challenges and benefit them academically, professionally, and socially, Gale has built content around the five core competencies established by the Collaborative for Academic, Social, and Emotional Learning (CASEL): self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

Looking for new ways to meet students where they are? Gale's student-facing resources offer age-appropriate content and insights that build as kids get older. Gale In Context: Elementary, Gale In Context: Middle School, and Gale In Context: High School have articles and videos that introduce students to soft skills and help them develop socially.



1. World Economic Forum, "The Future of Jobs Report 2020," October 2020.





Prioritize Mental Health and Wellness

Build stronger, healthier school communities with trusted digital content

Prior to COVID-19, the Centers for Disease Control and Prevention (CDC) found that more than 1 in 3 high school students had experienced persistent feelings of sadness or hopelessness.² Since 2020, mental health-related emergencies have dramatically increased.³ Nearly all educators agree that social and emotional support for students has never been more important than it is now; however, only 15 percent of educators said they feel very comfortable addressing students' emotional needs.⁴ That's why Gale provides practical content for educators and students as they face tough topics and build supportive environments.

With *Gale In Context* mental health resources, educators can help build the strength and resiliency that K-12 learners need. Topics include being able to recognize emotions, learning how to manage stress, helping friends, sharing, being honest, and working as a team.

- Gale In Context: Elementary features easy-to-read articles that help young students understand their feelings and how to get along with others.
- Gale In Context: Middle School provides learners with the opportunity to explore topics like self-awareness and self-esteem, and mental health issues like anxiety and body image.
- Gale In Context: High School offers deeper learning, with topic pages
 addressing drug abuse and teen suicide as well as articles that develop
 skills for building healthy relationships and creating habits that prioritize
 mental wellness.











Educators can search for and access mental health and wellness content through *Gale In Context:* For Educators. This includes detailed lesson plans and individual resources to give practical support, while addressing topics such as empathy, stress management, and suicide awareness.

Additional Mental Wellness Resources

- In conjunction with the Cameron K. Gallagher Foundation and representing
 its mission, Gale curated a mental health and wellness digital library that
 offers age-appropriate mental health resources. Cameron's Collection and
 Cameron's Camp for Wellness provide support, education, best practices,
 and guidance as students and their families navigate through mental
 health and wellness concerns—while offering best practices to develop
 healthy life habits.
- Gale eBooks: Professional Learning enables
 educators to focus on their own mental wellness
 through self-care, mindfulness, and time management techniques, and feel supported in
 awakening students' self-awareness and
 guiding them in making responsible decisions.







ckgfoundation.org

- 2. Centers for Disease Control and Prevention, "Mental Health," last reviewed September 12, 2022.
- 3. Leeb, Rebecca et al., "Mental Health–Related Emergency Department Visits Among Children Aged <18 Years During the COVID-19 Pandemic," *Weekly*, November 13, 2020.
- 4. Hart Research Associates, "New York Life Foundation and American Federation of Teachers Grief in School Survey," July/August 2020.



READY TO SEE THESE RESOURCES IN ACTION? Visit gale.com/essentialskills to learn more about Gale In Context.

